

## **Occupational Therapy Acute Services**

### **Patient Information Leaflet**

This leaflet has been developed to inform and advise you about Occupational Therapy Services to the Medical, Surgical and Orthopaedic, Stroke and Private Patients' Wing.

Copies of this leaflet are available on the wards, in the Occupational Therapy Department and on the DHSC web site.

### **Occupational Therapy**

Occupational Therapists assess and treat people with a physical or mental condition, which limits their function in any area of life. Our aim is to maximise potential, enabling individuals to live as independently and as safely on discharge from hospital.

We concentrate on activities we all tend to take for granted such as washing and dressing; getting on and off the toilet and kitchen activities. We use purposeful activities in our treatment programmes.

We can also provide advice and assessment for aids to daily living. Smaller items can be provided by the department. Individuals with a physical or mental health condition who need advice on larger adaptations to their homes, or specialist equipment will be referred with consent to the Community OT Service.

### **Referral to Occupational Therapy**

If you are admitted to hospital and there are concerns about your ability to manage your everyday activities either during your stay or after discharge from the ward, your consultant will refer you to us. Alternatively, if you or a member of your family has concerns, you can ask ward staff to refer to occupational therapy.

The Occupational Therapist will discuss your concerns with you and will ask for details of your home environment. If further assessment is beneficial, the OT may ask to assess you for example whilst dressing, suggest you make a simple meal in the Occupational Therapy department, or suggest a Home Visit prior to you being discharged from the ward. Whilst these are in your best interests, please be aware that you have the right to decline. If you are due to have elective surgery you will be referred to OT following pre-assessment clinic so you

can be seen at home prior to admission. You will be able to discuss relevant issues, and have any necessary equipment provided prior to your surgery.

### **Home Visits**

In certain circumstances, an Access visit / Home Visit will be advised. This is to identify any potential problems and ensure that appropriate services and equipment (if needed) are in place before you return home. The MDT will be informed of outcomes of the visits.

### **Discharge and Follow up**

It is standard practice for us to contact you after you have been discharged from the ward to ensure there are no outstanding problems. In the initial instance we will telephone you. Should you need a visit, we will arrange a mutually convenient time to call.

### **Confidentiality**

In accordance with the Data Protection Act 2002, we adhere to strict rules of confidentiality in all areas of the Occupational Therapy Service.

### **Students**

The Department takes students throughout their training from Cumbria and Liverpool University Departments of Occupational Therapy. If you prefer not to have a student present, please inform your OT.

### **Comments about our service?**

If you wish to comment on the service you receive or make a complaint, there are, in the first instance, leaflets available upon request from Noble's hospital. Any complaint or comment will be welcomed as part of the Isle of Man Hospitals' Quality Assurance programme.

For more detailed information regarding a formal complaint please refer to "**A Patients Guide to the Complaints Procedure for Hospital and Community Health Services**" available from hospital and community health care settings and on the DHSC web site.

**DEPARTMENT OF HEALTH**

*Rheynn Slaynt*

**Hours**

**8.00am – 4.30pm Monday – Friday**

**Contacts**

Occupational Therapy Department

General Enquiries

Surgical therapies office - 650684

Medical therapies office - 650680

Your Occupational Therapist for this admission is

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The above numbers have an answer phone facility

**The Information in this booklet can be provided in large print or in audio format on request.**

**Department of Health**  
Noble's Hospital, Braddan  
Douglas, Isle of Man, IM4 4RJ  
Website: [www.gov.im/health](http://www.gov.im/health)

**DEPARTMENT OF HEALTH**

*Rheynn Slaynt*

**Noble's Hospital  
Occupational Therapy  
Acute Services**

**PATIENT INFORMATION**



**Isle of Man  
Government**

*Relllys Eilan Vannin*