

Have you received a letter asking you to
attend a cervical screening test?

Please don't ignore it
... it's too important!

ALL WOMEN AGED 25 TO 64 ARE INVITED TO ATTEND CERVICAL SCREENING
IT COULD BE THE MOST IMPORTANT 10 MINUTES YOU MAKE TIME FOR



STAYWELL CLINIC

Can't get away during the daytime to visit your
GP surgery? The Staywell Clinic offers **evening**
appointments twice a week with **female-only** staff.

TO MAKE AN APPOINTMENT AT THE STAYWELL CLINIC

TELEPHONE 642638

A SERVICE FUNDED AND MANAGED BY ISLE OF MAN ANTI-CANCER ASSOCIATION

Reduce your risk

1. The most effective method of preventing cervical cancer is through regular cervical screening, which allows detection of any early changes of the cervix.
2. For younger women who are eligible, having the HPV vaccination protects against 70% of all cervical cancers.
3. Leading a healthy lifestyle! You are more at risk if you have a weakened immune system.
4. Stopping smoking! Smoking increases your risk of getting cervical cancer.

Cervical screening (smear test)

1. Cervical screening saves 5,000 women's lives a year in the UK.
2. Cervical screening is **NOT** a test for cancer, but a test to detect changes in the cells of the cervix that may lead to development of a cancer. These changes cause no symptoms. However, if left untreated they can, in some cases, develop into cervical cancer.
3. The smear test does not test for Ovarian cancer.

For more information about screening visit:
www.gov.im/cervicalscreening